2020-2022 EDITION

# Are you ready?











# **PUTNAM COUNTY**

INDIAN POINT EMERGENCY GUIDE

#### What is Radiation?

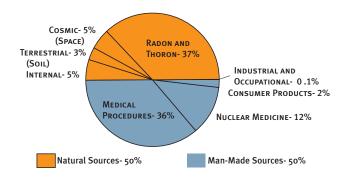
Radiation is energy, such as heat, light or radio waves, which moves through space or matter at high speed. It can be easily detected and measured using specialized instruments. In very large amounts, radiation can damage living cells.

Radiation comes from many natural and common manmade sources. Radiation from the sun and stars, radon from bedrock, radioactive elements in the foods we eat and materials we use to build our homes all come from natural sources. These natural forms of radiation are part of what is called background radiation.

Man-made radiation comes from sources such as X-rays, other medical procedures, microwave ovens and electric power plants.

The effect of radiation on the human body is measured in units called millirems. The average background radiation exposure in this area is about 600 millirems per year. About 50% of exposure to radiation in the U.S. comes from natural sources; the other 50% comes from man-made sources.

#### Sources of Radiation Exposure in the United States



Source: NCRP Report No. 160 (2009)

The information in this booklet is updated periodically. Visit www.putnamcountyny.gov or the App below for updated information.



#### **HOW WOULD I BE NOTIFIED?**

# How would I be notified of an emergency at Indian Point?

Special emergency sirens that produce a continuous, four-minute tone would alert people within 10 miles of Indian Point to tune to an Emergency Alert System (EAS) station for information about an emergency at Indian Point.

If you hear the continuous, four minute tone, listen to one of the EAS stations

listed in this booklet for official information on what you should do.

These sirens are tested periodically throughout the year. Siren tests are

throughout the year. Siren tests are announced in advance through local news media.

In addition to the sirens, a high-speed telephone service, an e-mail alerting service or web-based services such as NY-Alert could be used to notify and inform the public.

Anyone can sign up for NY-Alert online at https://alert.ny.gov

#### What is NY-Alert?

It is New York State's All-Hazards Alert and Notification web-based information portal. The NY-Alert website contains critical emergency-related information including instructions and recommended protective actions developed in realtime by emergency service personnel. By signing up for NY-Alert, you can receive warnings and emergency information via the web, your cell phone, email and other technologies. Signing up for NY-Alert is free. You can modify what type of information you receive or unsubscribe at any time. It is a tool to provide you with critical information when you may need it most.

# How would I find out what I should do in an emergency?

Officials would use the Emergency Alert System (EAS) radio and television stations to provide information and instructions to the public. EAS stations in this area are listed on the next page. These stations would be the official source of information during an emergency.

Different areas could be directed to take different actions, so instructions will be provided in terms of the communities or areas within 10 miles of Indian Point. These areas are shown on the map attached to this booklet. Find your location on the map and listen carefully for information concerning your area.

#### Tune in for information

If you hear the emergency sirens, tune in your radio or TV to an Emergency Alert System (EAS) station for further information.

**Remember:** The sounding of the sirens is not a signal to take any actions other than to listen to your radio or TV EAS station.

#### **EAS Stations**

AM Radio

#### Primary EAS Radio Stations for the Hudson Valley

WLNA 1420 AM	WHUD 100.7 FM
http://realcountryhv.com	www.whud.com

Emergency information will also be carried on the following stations:

Television

AM Kaulu		LEGENISION	
WOR 710	AM	WCBS	CH 2
WABC 770	AM	WNBC	CH 4
WCBS 880	AM	WNYW	CH 5
WINS 1010	AM	WABC	CH 7
FM Radio	News 12 Hudson Valle		
WRPJ 88.9	FM		
WOSR 91.7	FM		
WNYC 93.9			
WINIC 93.9	FM		
WJGK 103.1			

Note: All radio stations operate 24/7.

# What might I be instructed to do?

You could be instructed to shelter-in-place, to evacuate, to consume potassium iodide (KI) or to take no action. Officials would base any emergency instructions on the situation at Indian Point and where people are most likely to be affected. People in one area might need to take one action, while people in another area might take a different action or no action at all.

In all cases, avoid using telephones and cell phones to prevent overloading the system and interfering with emergency use.

Use the Emergency Supplies Checklist on the back of the attached map to help prepare your family plan in case you need to Shelter-in-Place or Evacuate.

#### Shelter-in-Place

If your area is instructed to shelter-in-place, you should remain indoors and limit the ways outside air can enter. You should:

- Keep family and pets inside
- · Close windows and doors
- Turn off air conditioners and ventilation systems
- · Extinguish fires in fireplaces and close dampers
- Listen to radio or TV for emergency information

#### **Evacuation**

Evacuation is a protective action strategy involving the orderly movement of people away from an actual or potential hazard. If your area is instructed to evacuate, you should gather the things you would need for a three-day stay and leave promptly.

#### Where should I go if I have to evacuate?

You should go to the home of a friend or relative or other location outside the 10-mile area around Indian Point using the timeliest route. If you do not have another place to go, you can go to the Reception Center assigned to your area using the routes shown on the attached map. Temporary shelters will be available for those who need a place to stay.

If there has been a release of radioactive materials from Indian Point, monitoring and decontamination will be available at the Reception Centers.

#### In an evacuation:

- Be certain that your area is one being ordered to evacuate. Do not evacuate unnecessarily
- · Remain calm, but act promptly
- Limit the use of your cell phone and home phone to emergency or essential calls. This will avoid overloading the networks
- Contact neighbors directly to ensure they are aware of the emergency instructions
- Offer a ride to anyone you know who might not have a car
- Close windows and vents in your car and do not use the air conditioning until you have left the area
- If your area has been ordered to evacuate and you have Potassium Iodide (KI), consume one dose and leave

#### Bring with you:

- · clothing and blankets or sleeping bags
- prescription medicines
- personal items such as shaving kits, soap and cosmetics
- formula and other supplies for children and infants
- your checkbook, credit cards, cash, important papers and identification
- mobile charging device
- pets
- first aid kit: gauze, peroxide or antiseptic wipes, ointments, adhesive tape

#### What if I need a ride?

Try to get a ride with a nearby friend or neighbor. If you cannot get a ride, free emergency buses will pick up passengers along the routes near your location and take them to the Reception Center for your area. Bus routes are shown on the Putnam County Evacuation Bus Routes tab of this booklet.

For More Information on Family Preparedness, visit www.ready.gov

#### WHAT IS POTASSIUM IODIDE (KI)?

#### What is Potassium Iodide (KI)?

Potassium iodide is an over-the-counter medication that can block radioactive iodine from entering the thyroid gland if there were a serious emergency involving a large release of radioactive material. Potassium iodide is often referred to by its chemical abbreviation, KI.

If Emergency Alert System (EAS) messages direct people in your area to take potassium iodide, follow the instructions on the packaging, or those provided in the EAS message.

During an evacuation, potassium iodide is available at Reception Centers.

To obtain KI prior to any emergency for you and your family:

- Contact the Putnam County Bureau of Emergency Services at 845-808-4000 to obtain KI free of charge.
- KI is also available over the counter without a prescription.
- Most schools in the Emergency Planning Zone (EPZ) have a supply of KI for school children. Check with your school administrator for specifics.
- Reception Centers maintain a supply of KI for evacuees.

#### Recommended Doses of KI for Different Risk Groups

	KI dose (mg)	# ml liquid (65 mg/ml)	# of 65 mg tablets	# of 130 mg tablets
Adults over 40 yrs				
Adults over 18 through 40 yrs	130	2	2	1
Pregnant or lactating women				
Adolescents over 12 through 18 yrs who weigh at least 150 pounds	130	2	2	1
Adolescents over 12 through 18 yrs who weigh less than 150 pounds	65	1	1	1/2
Children over 3 through 12 yrs	65	1	1	1/2
Over 1 month through 3 years	32	1/2	1/2	USE KI ORAL SOLUTION
Birth through 1 month	16	1/4	USE KI ORAL SOLUTION	USE KI ORAL SOLUTION

Source: US FDA, 2016

For more information on KI, visit
Centers for Disease Control and Prevention
www.emergency.cdc.gov/radiation/ki.asp

#### **Putnam County Evacuation Bus** Routes

If you do not have your own transportation out of the area, you can ride one of the buses provided to take you to a Reception Center or arrange a ride with a neighbor. Following is a list of evacuation bus routes and stops in Putnam County. If residents of your area are advised to evacuate, locate the nearest bus stop. You will be advised over the EAS when the buses will begin picking up.

#### Southern Philipstown

#### P-1 - Cold Spring / Nelsonville

- Market St at Main St
- Main St at Kemble Ave/Garden St
- NY-301 at Parsonage St/Cedar St
- NY-301 at Peekskill Rd
- NY-301 at Wood Ave

#### P-7 - Route US-9, Route NY 403, & Route NY 9D; **Cold Spring**

- US-9 at Oak Hollow Rd
- US-9 at Coleman Rd
- US-9 at Angels Way
- US-9 at Old West Point Rd E
- NY-403 at Cross Rd
- NY-403 at NY-9D
- NY-9D at Upper Station Rd
- NY-9D at Grassi Ln
- NY-9D at Beverly Warren Rd
- NY-9D at Belle Ln
- NY-9D at Moffatt Rd
- NY-9D at Chestnut St/Bank St/Paulding Ave
- NY-9D at NY-301/Main St
- NY-9D at Northern Ave

### P-12 - Sprout Brook Rd., Old Albany Post Rd., Indian Brook Rd., & Avery Rd. • #689 Sprout Brook Rd • #451 Sprout Brook Rd

- Old Albany Post Rd at Upland Dr/Cliffside Ct
- Old Albany Post Rd at Dancing Rock Rd
- Old Albany Post Rd at Adrienne Ln

- #435 Old Albany Post Rd
  Old Albany Post Rd at Chapman Rd
  Old Albany Post Rd at Snake Hill Rd
- Old Albany Post Rd at Indian Brook Rd
- Indian Brook Rd at Avery Rd
- Avery Rd at Greencliff Ln

#### P-13 - Moffatt Rd., Old Albany Post Rd., Aqueduct Rd. Winston Ln., Diamond Hill Rd., & Route NY 9D

- Moffatt Rd at Healy Rd
- Moffatt Rd at Lane Gate Rd
- Old Albany Post Rd at Brookside Dr
- Old Albany Post Rd at Sprout Brook Rd
- Aqueduct Rd at Ridge Rd
- Aqueduct Rd at Mountain Dr
- Winston Ln at Highland Dr
- Winston Ln at Ferris Dr
- Winston Ln at Howland Dr
- Winston Ln at Arden Dr
- US-9 at Diamond Hill Rd
- S Mountain Pass at Coppermine Rd
- NY-9D at Old Manitou Rd/Kings Dock Rd
- NY-9D at Lowes Ln

#### Lower Philipstown

#### P-13 - Moffatt Rd., Old Albany Post Rd., Aqueduct Rd., Winston Ln., Diamond Hill Rd., & Route NY 9D

- Moffatt Rd at Healy Rd
- Moffatt Rd at Lane Gate Rd
- Old Albany Post Rd at Brookside Dr
- Old Albany Post Rd at Sprout Brook Rd
- Aqueduct Rd at Ridge Rd
- Aqueduct Rd at Mountain Dr
- Winston Ln at Highland Dr
- Winston Ln at Ferris Dr
- Winston Ln at Howland Dr
- · Winston Ln at Arden Dr
- US-9 at Diamond Hill Rd S Mountain Pass at Coppermine Rd
- NY-9D at Old Manitou Rd/Kings Dock Rd
- NY-9D at Lowes Ln

#### P-14 - Manitou Station Rd.

- Manitou Station Rd at Manitou Woods
- Manitou Station Rd at NY-9D

#### Southern Putnam Valley

#### P-2 - Wood St., Secor Rd., & Route NY-6N

- Wood St at Sunrise Dr/Indian Hill Rd
- Wood St at Perch Dr
- Wood St at Meadow Crest Dr Wood St at Taurat Pl
- Wood St at Center Dr
- Secor Rd at Archer Rd
- Secor Rd at Sugarbush Ct
- NY-6N at Parker Dr
- NY-6N at Rose Dr
- NY-6N at Friendly Rd/Carey St
- NY-6N at Trailer Ct

#### P-3 - Mill St., Peekskill Hollow Rd., & Barger St.

- Mill St at Mill Pond Rd
  Mill St at Mueller Mountain Rd
  Mill St at Peekskill Hollow Rd
- Peekskill Hollow Rd at Jeanne Dr
- #560 Peekskill Hollow Rd
- Bryant Pond Rd at Barger St
- Barger St at Somerset Ln
- · Barger St at Gardinger Rd
- Barger St at Finnerty Pl
- #31 Barger St

#### P-4 - Cimarron Rd., Horton Hollow Rd., Canopus Hollow Rd., & Oscawana Lake Rd.

- Oscawana Lake Rd at Church Rd/Cimarron Rd
- #46 Horton Hollow Rd
- Canopus Hollow Rd at Fawn Run
- Oscawana Lake Rd at Spruce Knolls Rd
- Oscawana Lake Rd at Cedar Dr
- Oscawana Lake Rd at Unadilla Rd

#### P-5 - Lake Peekskill, Oscawana Lake Rd., & Peekskill Hollow Rd.

(2nd intersection)

- Oscawana Lake Rd at Floradan Rd
- Oscawana Lake Rd at Gilbert Ln
- Oscawana Lake Rd at Hillside Dr
- Peekskill Hollow Rd at Marsh Hill Rd Peekskill Hollow Rd at Peekskill Hollow Tpke
- Peekskill Hollow Rd at CYO Camp Rd

- · Peekskill Hollow Rd at Kastuk Dr
- Peekskill Hollow Rd at White Rd

#### P-6 - Kramers Pond Rd. & Church Rd.

- Kramers Pond Rd at Harrimac Rd
- · Kramers Pond Rd at Dogwood Ln
- Kramers Pond Rd at Sassinoro Rd/Briar Hill Dr
- Church Rd at Old Church Rd
- · Church Rd at Lincoln Rd

#### P-8 - Lake Peekskill

- Hollow Brook Rd at Anton Pl
- Hollow Brook Rd at Hanson St
- Avon Rd at Sylvan Rd
- Avon Rd at Becker St
- Aspen Ln at Nardin Rd
- Nardin Rd at Union Pl Nardin Rd at Alta Rd
- Northway at Lake Dr
- · Lake Dr at Walnut Rd
- Lake Dr at Morrissey Dr
- Lake Dr at William Śt

#### P-10 - Barger Pond: Dosoris Ln., Split Rock Rd.,

#### & Taconic Gate

- · Dosoris Ln at Dring Ln • #3 Split Rock Rd
- P-11 Oscawana Lake: Watson Way, Hiawatha Rd., Eastern Rd., Lakefront Rd., Sunset Hill Rd., Canopus Hollow Rd., & Dennytown Rd.

- - Silleck Blvd at Watson Way
  - Watson Way at Winnebago RdWinnebago Rd at Hiawatha Rd
  - Rockhill Rd at Eastern RdWoodleigh Rd at Cross Rd

  - Lakefront Rd at Dunderberg Rd
  - Sunset Hill Rd at W Shore Dr
    Sunset Hill Rd at Hudson View Dr

  - Canopus Hollow Rd at Trail of Maples
  - Dennytown Rd at Trail Ct

#### Southwest Carmel

# P-2 - Wood St., Secor Rd., & Route NY-6N • Wood St at Sunrise Dr/Indian Hill Rd • Wood St at Perch Dr • Wood St at Meadow Crest Dr • Wood St at Taurat Pl

- Wood St at Center DrSecor Rd at Archer Rd

- Secor Rd at Sugarbush CtNY-6N at Parker Dr
- NY-6N at Rose Dr
- NY-6N at Friendly Rd/Carey St
- NY-6N at Trailer Ct

#### P-9 - Archer Rd. & Wayacross Rd.

- Archer Rd at Logan Ln
- Archer Rd at Oak Pond Ln Archer Rd at Geymer Dr
- Archer Rd at Breckenridge RdWalnut Dr at Wayacross Rd
- Wayacross Rd at Vineland Rd

#### What if my children are in school?

Officials may relocate children in schools to the Kent School Reception Center (Kent Elementary and Primary Schools) on Route 52 in Kent as a precautionary measure, even if there is no evacuation of the general public. Staff have been trained and will travel with students to this school reception center. Parents and guardians can pick up their children from this school reception center. Please check with your child's school or childcare facility to learn more about relocation planning and parental pick-up plans.

#### **School Reception Centers:**

#### Kent Elementary School, Route 52, Kent

Garrison Union Free School
Haldane Central School
Community Nursery School
of First Presbyterian Church
The Manitou School
Philipstown Recreation Center
St. Philip's Nursery School
Bounous Montessori School
The Nest Nursery School
Stacy's House Preschool (Music with Stacy LLC)

#### Kent Primary School, Route 52, Kent

Cozy Corner Child Care
Mamma's Playhouse
Nanny's Playhouse
Once Upon A Time Preschool and Daycare
Putnam Valley Parks and Recreation
Putnam Valley High School
Putnam Valley Elementary School
Putnam Valley Middle School
Noah's Ark
St. Luke's Nursery School
Valley Day Care

 Putnam County children attending schools, daycares, nursery schools, or recreational programs in another county would be taken to facilities in those counties. If your child attends one of these facilities in another county, please contact the facility to determine the appropriate school reception center.

#### What about summer camps?

During the camping season, campers and staff may be temporarily relocated to a reception center at **Brewster High School or George Fischer Middle School** as shown on the attached map. Camp counselors and staff would remain with the campers until they are picked up by, or returned to their parents or guardians in accordance with their own procedures.

# What about facilities such as group homes, adult day care, and treatment facilities?

Group homes, adult day care and treatment facilities within 10 miles of Indian Point have emergency plans to keep their residents safe, including provisions for transporting residents to host facilities.

If you have a family member in a facility and require information about their emergency planning initiatives, please contact the facility administrator.

# What about people with special needs?

If you have a special need, such as mobility impairment, visual or hearing impairment, or need specialized transportation or equipment, prepare an emergency plan with family, friends or neighbors. If necessary, the County will make special arrangements for you.

If you have special needs, please fill out the registration card in this booklet and mail it in so we can make arrangements to help. If you know someone who might need assistance filling out the card, please offer to help them. Even if you mailed in a card last year, please do so again to keep our records up-to-date.

To submit the registration card electronically, go to the "R U Ready" app listed on the inside cover of this booklet.

# For deaf, hard-of-hearing, deaf-blind, and speech-disabled-TTY & NY Relay

In case of emergency, TTY users should call the TTY-equipped 9-1-1 Emergency Communication Center in Putnam County. The 9-1-1 dispatchers have TTY equipment and are trained to respond to all needs of people in Putnam County including those with hearing impairments.

If you use a TTY and cannot obtain emergency service via 9-1-1, you may call 7-1-1 and tell the Relay Operator you have an emergency situation. However, it may take longer to obtain assistance. 7-1-1 (NY Relay) is NOT a substitute for 9-1-1 for persons with special needs.

#### What about pets and livestock?

Pets and livestock are not permitted in Reception Centers or temporary shelters (except for service animals such as seeing-eye dogs). Pet and livestock owners are encouraged to explore alternatives for their pets and livestock, such as boarding kennels, friends or relatives outside the 10 mile area.

If you have livestock or agricultural products, useful information is available from the New York State Department of Agriculture website www.agriculture.ny.gov or call 1-800-554-4501 or from the Cornell Cooperative Extension of Putnam County, http://putnam.cce.cornell.edu or call 845-278-6738.

Limited space may be available at certain reception centers and would be publicized at the time of the emergency. This would be done to accommodate people who cannot make other arrangements for their pets beforehand. Pet owners should plan to bring their own supplies, including food, leashes, cages and carriers etc. Trained volunteers may be available to assist owners with pet care and feeding. Please be mindful that space at these locations is limited, so we encourage everyone

to make other plans for their pets before the emergency.

#### **Leave No Animal Behind**

- Arrange with friends or relatives to provide temporary shelter for you and/or your pets.
- Make a list of pet-friendly hotels and motels outside your area. (You can look them up online at www.petfriendlytravel.com or www.petswelcome.com)
- Ask your veterinarian and boarding facilities if they provide emergency care and boarding during a disaster. (Also identify an alternate veterinarian or boarding facility outside the 10 mile area.)

#### Identify all your pets:

- Microchip your pet.
- Make sure your pet is wearing a collar or harness with identifying tags on it. Include your phone number and an alternate phone number of someone outside your area.
- Put leg bands on all birds and ID tags on all pocket-pet cages.

#### **Pet Emergency Kit**

#### Gather these things in advance:

- Your pet's vaccination and medical records together with your veterinarian's phone number in a watertight plastic bag. (Warning: A shelter or boarding facility may NOT take your pet without current vaccinations!)
- Current photographs of you and your pet together.
- Medication your pet is taking.
- Pet food & bottled water for 3-14 days.
- Pet food dishes and manual can opener.
- Cages/carriers for all pets. Carriers must be big enough to allow your pet to stand, turn around and lie down. (Temporary shelters may NOT have cages available; therefore you MUST provide your own!)
- Blankets or towels for bedding and warmth.
- Leashes, harnesses, muzzles (if needed).
- Cat litter, a litter pan and scoop.
- Plastic bags for disposal of waste, paper towels, disposable gloves, disinfectant.
- Treats, toys, brushes, combs.

#### If you absolutely MUST leave them...

- Put a sign or sticker in a front window identifying all pets inside. Include your name, phone numbers and where you are staying. Include the name and number of a contact outside the area. Put ID tags on all pets.
- Keep dogs and cats in separate rooms.
- Leave as much food & water as you can.
- Open up bags of dry food.
- Fill many large bowls with water.
- Contact authorities and animal rescue groups immediately with information about the location of your animals.

# To Report a Fire, Prevent a Crime or Save a Life Dial 9-1-1

#### What is 9-1-1?

9-1-1 is the universal emergency telephone number designed to give citizens an easy to remember number when they need the assistance of the Police, Fire, or Ambulance (EMS) Services in an emergency.

#### How Do I Use 9-1-1?

When you have an emergency, remain calm and dial 9-1-1. When the call taker answers, tell them what your emergency is, location of the emergency, your name and call back phone number. Don't hang up until the call taker tells you to.

#### When Should I Dial 9-1-1?

You should only dial 9-1-1 in an emergency. A good rule to remember is dial 9-1-1 to:

#### SAVE A LIFE • PREVENT A CRIME • REPORT A FIRE



#### **Before An Emergency Happens**

An emergency, be it a natural disaster such as a flood, winter storm, power outage or a terrorist attack, can occur quickly and without warning. Although we cannot prevent emergencies in Putnam County, there are two simple things you can do now to help prepare:

- Develop an emergency plan (including pets), and
- Prepare a portable "Go-Bag" of emergency supplies that can be used at home or at work

Refer to the guide on the back of the attached map or call the

Putnam County Bureau of Emergency Services for further assistance, 845-808-4000.

For additional information download this app.

**Putnam County Cares...**the app that makes Putnam County personal



#### **Contacts for Further Information**

**Emergency Planning and Radiation Information:** 

U.S. Nuclear Regulatory Commission www.nrc.gov

Federal Emergency Management Agency www.fema.gov

NYS Office of Emergency Management www.dhses.ny.gov/oem

NYS Department of Health www.health.ny.gov

American Red Cross www.redcross.org

**Putnam County** www.putnamcountyny.gov

Orange County www.orangecountygov.com

**Rockland County** www.rocklandipready.com

Westchester County www.westchestergov.com

Joint Information Center https://alert.ny.gov/indian-point

Indian Point Energy Center www.safesecurevital.com

#### For non-emergency information call:

Putnam County Bureau of Emergency Services 845-808-4000

Orange County Department of Emergency Services 845-615-0400

Westchester County Office of Emergency Management 914-864-5450

Rockland County Office of Fire and Emergency Services 845-364-8800

New York State Disaster Preparedness Commission 518-292-2311

### **My Emergency Plan**

Keep a copy of your emergency plan information in your car, briefcase or purse. Photocopy as needed for additional family members.

Emergency Alert System (EAS)	stations:
AM radio	
TV	
Descrition Contar	
Reception Center	
Recommended route to get to	my Reception Center is
Emergency bus stop is located	at
Child's name	School Reception Center
My family's KI is stored at	
Expiration Date:	
Emergency contact phone num	ber
Meeting place	
Phone	

#### What is Radiation?

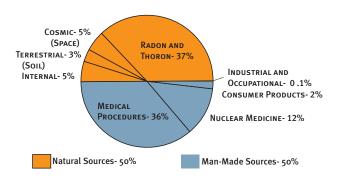
Radiation is energy, such as heat, light or radio waves, which moves through space or matter at high speed. It can be easily detected and measured using specialized instruments. In very large amounts, radiation can damage living cells.

Radiation comes from many natural and common manmade sources. Radiation from the sun and stars, radon from bedrock, radioactive elements in the foods we eat and materials we use to build our homes all come from natural sources. These natural forms of radiation are part of what is called background radiation.

Man-made radiation comes from sources such as X-rays, other medical procedures, microwave ovens and electric power plants.

The effect of radiation on the human body is measured in units called millirems. The average background radiation exposure in this area is about 600 millirems per year. About 50% of exposure to radiation in the U.S. comes from natural sources; the other 50% comes from man-made sources.

#### Sources of Radiation Exposure in the United States

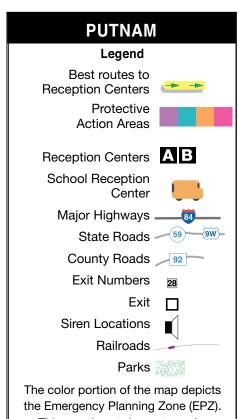


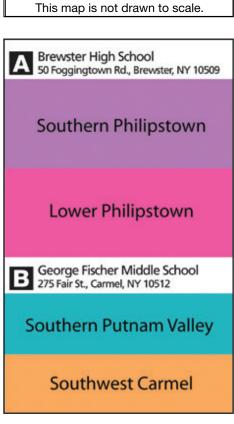
Source: NCRP Report No. 160 (2009)

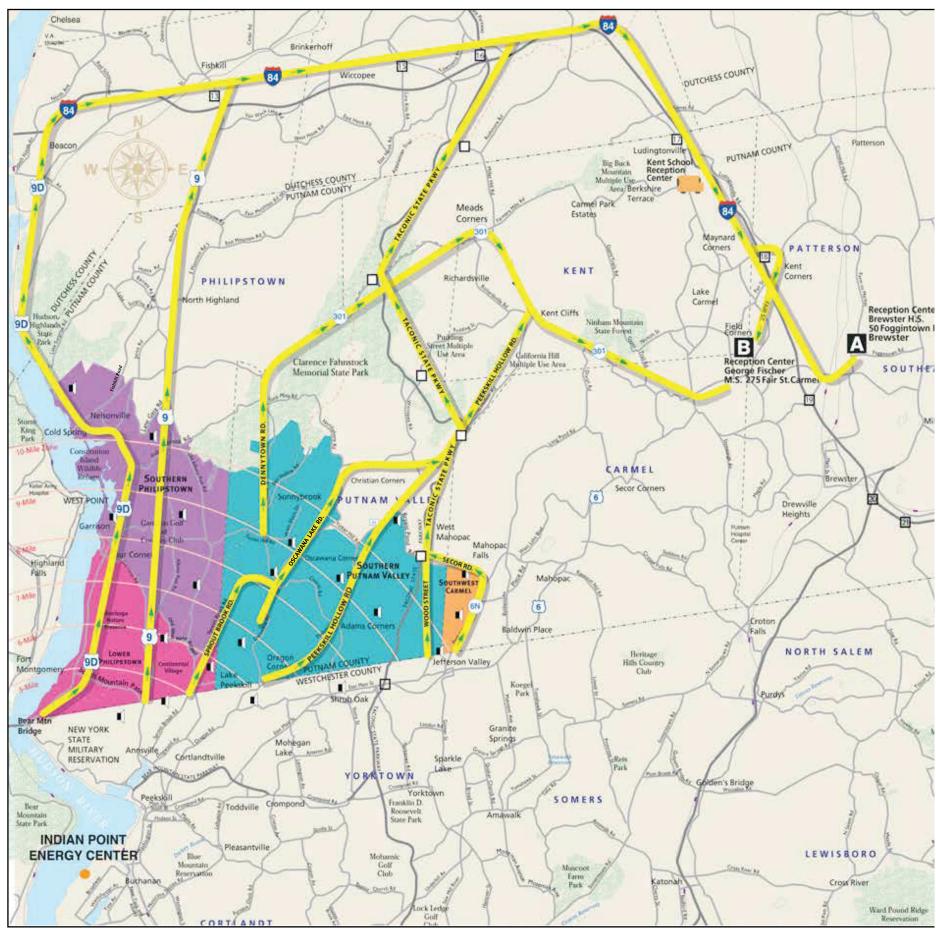
The information in this booklet is updated periodically. Visit www.putnamcountyny.gov or the App below for updated information.



Keyword: R U Ready or Indian Point







## **Emergency Supplies Checklist**

Review the checklist for items you may want to have on hand if you are instructed to Shelter-In-Place or Evacuate. Check the items you may need, and add any special items that are not listed. If you need help finding a place to stay during an evacuation, people staffing the Reception Centers will help you.

MEDICAL ITEMS	PERSONAL HYGIENE ITEMS	BEDDING
☐ Medicines	$oldsymbol{\square}$ Shaving items	Two blankets per person or
☐ Prescription information	□ Soaps	sleeping bags
(doctor, name of medicine, name of pharmacy)	☐ Toothbrush/toothpaste	
☐ Eyeglasses or contacts	☐ Sanitary items	
	<b>_</b>	MISCELLANEOUS
☐ Dentures	<b></b>	☐ Portable radio with
☐ Special diet foods	П	spare batteries
	-	── □ Flashlights with extra batteries
		☐ KI-potassium iodide tablets
BABY SUPPLIES	☐ Cash	
☐ Baby food	☐ Checkbook	☐ Important phone numbers
¬ Formula	☐ Credit cards	☐ This planning booklet
☐ Diapers/baby wipes		
		☐ Medical insurance card
☐ Toys		Mobile charging device
	IMPODIANT DADEDS	OTHER EMERGENCY ITEMS
	☐ Drivers license	
CLOTHING	☐ Current photos of your	<b></b>
☐ Clothes for three days	children	<b></b>
☐ Shoes	<b>_</b>	_
		_ 0
		_ 0

### **Advance Registration Card for People with Special Needs - 2020-2022**

If you require assistance in an emergency, please fill out this questionnaire and mail it back to us. Your cooperation will help us in making proper arrangements if it becomes necessary for you to be evacuated during an emergency of any kind. If you have any questions please contact the Putnam County Bureau of Emergency Services office at 845-808-4000. *Please print* 

Name	☐ Mr. ☐	Mrs.	☐ Miss/l	Ms.	Date of B	Birth
Address, including apartment number, building, floor						
City, ZIP+4						
Telephone (Home)	Cell P	hon	e			
Primary Disability(ies)						
Name and phone number of a local relative or person who Name	lives near yo		ho should be		an emerg	gency:
Address						
City						
Telephone	Relationsh	ip:	☐ Family	☐ Neighb	or 📮	Friend
TRANSPORTATION REQUIREMENTS:	SPECIAL N	IEED	S AND TRANSF	PORTATION REG	QUIREMEN <sup>:</sup>	TS:
Will you require transportation for an emergency that will	Are you	□ B	Blind or 🖵 Pa	artially sighted	?	
require evacuation?	<i>Are you</i> d	eaf c	or hearing impa	aired?	☐ Yes	i □ No
Can you obtain a ride with a nearby person ☐ Yes ☐ No  If yes, check all that apply ☐ Workday ☐ Nights ☐ Weekends	If yes, do you have TTD/TTY? ☐ Yes ☐			□ No		
if no, can you get from your house to your bus stop unassisted?	Are you co	omp	letely bedridde	n?	☐ Yes	i □ No
i les il no	ASSISTIV	ΈΕΟ	UIPMENT USE	D:		
☐ Please send additional cards for other persons with	☐ Cane(s)		☐ Walker	☐ Oxyg	gen	☐ Other
special needs in my household.  This information is released for emergency planning only.	☐ Crutche		☐ Guide do			
mo mornation is receased for emergency planning only.	☐ Wheelc	hair	☐ Hospital	Bed 🖵 Elect	tric wheelch	air
Signature						

Please detach and mail this card. This questionnaire must be completed each time you receive a booklet on emergency planning to assure that we have up-to-date information on your needs.

BUREAU OF EMERGENCY SERVICES COUNTY OF PUTNAM 112 Old Route Six Carmel, New York 10512